

FITNESS ROOM SCHEDULE

EFFECTIVE: \_\_\_\_\_

MONDAY - WEDNESDAY - FRIDAY:

6:00 - 8:30 A.M. (SHOWER: 7:00 - 7:30 A.M.)	CO-ED WOMEN ONLY
8:30 A.M. - 12:30 P.M.	WOMEN ONLY
12:30 - 4:30 P.M.	MEN ONLY
4:30 - 8:00 P.M. (SHOWERS: 5:10 - 5:30 P.M. 6:10 - 6:30 P.M. 7:10 - 7:30 P.M.)	CO-ED WOMEN ONLY WOMEN ONLY WOMEN ONLY

TUESDAY - THURSDAY:

6:00 - 8:30 A.M. (SHOWER: 7:00 - 7:30 A.M.)	CO-ED WOMEN ONLY
8:30 A.M. - 1:00 P.M.	MEN ONLY
1:00 - 3:30 P.M.	WOMEN ONLY
3:30 - 8:00 P.M. (SHOWERS: 4:10 - 4:30 P.M. 5:10 - 5:30 P.M. 6:10 - 6:30 P.M. 7:10 - 7:30 P.M.)	CO-ED WOMEN ONLY WOMEN ONLY WOMEN ONLY WOMEN ONLY

EFFECTIVE:

MON - WED - FRI:

6:00 - 8:30 A.M.

(SHOWER: 7:00 - 7:30 A.M.)

CO-ED HOURS  
WOMEN ONLY

8:30 A.M. - 12:30 P.M.

WOMEN ONLY

4:30

12:30 - ~~3:30~~ P.M.

MEN ONLY

4:30 - 8:00 P.M.

(SHOWERS: 5:10-5:30 P.M.

6:10-6:30 P.M.

7:10-7:30 P.M.)

CO-ED HOURS

WOMEN ONLY

WOMEN ONLY

WOMEN ONLY

TUE - THUR:

6:00 - 8:30 A.M.

(SHOWER: 7:00 - 7:30 A.M.)

CO-ED HOURS

WOMEN ONLY

8:30 A.M. - 1:00 P.M.

MEN ONLY

1:00 - 3:30 P.M.

WOMEN ONLY

3:30 - 8:00 P.M.

(SHOWERS: 4:10-4:30 P.M.

5:10-5:30 P.M.

CO-ED

WOMEN ONLY

WOMEN ONLY

WOMEN ONLY

WOMEN ONLY

THIS SCHEDULE  
WAS APPROVED  
BY ATTENDEES AT  
FITNESS RM. USES  
MEETING ON 5/12/81. 7:10 - 7:30 P.M.)

MON/WED/FRI:

8:30  
 6:00 - 8:00 A.M. CO-ED HOURS  
 (SHOWER: 7:00 - 7:30 A.M.) WOMEN ONLY

4½ 8:00 A.M. - 12:30 P.M. WOMEN ONLY

4½ 12:30 - 5:00 P.M. MEN ONLY

4:30  
 5:00 - 8:00 P.M. CO-ED HOURS  
 (SHOWER: 5:10 - 5:30)  
 6:10 - 6:30 WOMEN ONLY  
 6:40 - 7:00 P.M.) WOMEN ONLY  
 7:10 - 7:30 WOMEN ONLY  
 7:40 - 8:00 P.M.) WOMEN ONLY

TUE/THUR

8:30  
 6:00 - 8:00 A.M. CO-ED HOURS  
 (SHOWER: 7:00 - 7:30 A.M.) WOMEN ONLY

5 8:00 A.M. - 1:00 P.M. MEN ONLY

2½ 1:00 - 3:30 P.M. WOMEN ONLY

1½ 3:30 - ~~4:30 P.M.~~ MEN ONLY

~~4:30~~ 8:00 P.M. CO-ED HOURS  
 (SHOWER: ~~4:30~~ - 4:50 P.M.) WOMEN ONLY  
 5:10 - 5:30 WOMEN ONLY  
 6:10 - 6:30 P.M.) WOMEN ONLY  
 7:10 - 7:30 P.M.) WOMEN ONLY